Your Health Information Rights

Your health record is the physical property of the healthcare practitioner that compiled it; however, the information contained in the record belongs to you. Under the Health Insurance Portability and Accountability Act (45 CFR, Parts 160 and 164) you have the right to:

- Request that certain uses and disclosures of your information be restricted as provided by 45 CFR 164.533 and 42 CFR, Chapter 1, Part 2
- Obtain a copy of the notice of information practices
- Inspect and copy your record as provided by applicable CFR
- Amend your record (45 CFR 164.528)
- Obtain an accounting of all disclosures of your health information for a period of up to 6 years (45 CFR 164.528)
- Request that your health information be communicated via alternative means
- Revise or revoke authorization regarding use or disclosure of your health information.

Our Responsibilities:

- Maintain your records in a secure and private manner
- Provide you with a copy of the notice of our legal duties with respect to your records
- Abide by the terms of the notice provided
- Notify you if we are unable to abide by any of your requests regarding restrictions or revocations
- Accommodate reasonable requests by you regarding communicating personal health information via alternative means

The Bridges Network reserves the right to modify our practices related to the protected health information that we maintain in the regular course of business. Should any of our practices be modified significantly, we will publish a notice of revision on our website at www.thebridgesnetwork.com

We will at no time use or disclose any personal health information without your specific authorization except as described in this notice.